



Approved by:

Rachael McEnaney

Prison Break

4 WALL - 64 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 - 2 3 - 4 5 - 6 7 - 8	Heel Strut, Side Rock, Heel Strut, Side Rock Touch right heel forward. Drop right toe to floor taking weight. Rock left to left side. Recover onto right. Touch left heel forward. Drop left toe to floor taking weight. Rock right to right side. Recover onto left.	Heel Strut Side Rock Heel Strut Side Rock	Forward On the spot Forward On the spot
Section 2 1 - 4 5 - 6 7 - 8	Cross Hold, Back Side, Cross, Hold, Rock Step 1/4 Turn Cross right over left. Hold. Step left back. Step right to right side. Cross left over right. Hold. Rock right to right side. Recover onto left making 1/4 turn left. (9:00)	Cross Hold Back Side Cross Hold Rock Turn	Back On the spot Turning left
Section 3 1 - 4 5 - 8	Step, Hold, Step, Pivot 1/2, Step, Hold, Run Step right forward. Hold. Step left forward. Pivot 1/2 turn right. (3:00) Step left forward. Hold. Step right forward. Step left forward.	Step Hold Step Pivot Step Hold Run	Turning right Forward
Section 4 1 - 2 3 - 4 5 - 8	Step Touch x 2, Forward Rock, Run Back Step right forward. Touch left beside right. Step left forward. Touch right beside left. Rock right forward. Recover onto left. Step back on right. Step back on left.	Step Touch Step Touch Rock Run Back	Forward Back
Section 5 1 - 4 5 - 6 7 - 8	Back, Hold, Back Rock, Toe Strut x 2 Step right big step back. Hold. Rock back on left. Recover onto right. Touch left toe forward. Drop left heel to floor taking weight. Touch right toe forward. Drop right heel to floor taking weight.	Back Hold Rock Toe Strut Toe Strut	Back Forward
Section 6 1 - 2 3 - 4 5 6 7 - 8	Lindy Rock Step, Kick Step, Rock Step, Kick Step Rock back on left (angle body to right diagonal). Recover onto right. (4:30) Kick left to right diagonal. Step left in place and slightly forward. Rock back on right (angle body to left diagonal). (1:30) Recover onto left making 1/4 turn left to face front. (12:00) Kick right forward. Step right in place.	Back Rock Kick Step Rock Turn Kick Step	On the spot Turning left On the spot
Section 7 1 - 2 3 - 4 5 - 6 7 - 8	Diagonal Step Touch, Touch Out In, Diagonal Step Touch, Touch, Step Step left to left diagonal. Touch right beside left. Touch right to right side. Touch right beside left. Step right to right diagonal. Touch left beside right. Touch left to left side. Step left beside right.	Step Touch Touch Touch Step Touch Touch Together	Forward On the spot Forward On the spot
Section 8 1 - 2 3 - 4 5 - 6 7 - 8	Kick, Behind, Side, Cross, Kick, Behind, 1/4 Turn, Step Kick right to right diagonal. Cross right behind left. Step left to left side. Cross right over left. Kick left to left diagonal. Cross left behind right. Make 1/4 turn right stepping right forward. Step left forward. (3:00)	Kick Behind Side Cross Kick Behind Turn Step	Left Right Turning right

Choreographed by: Rachael McEnaney (UK) November 2007

Choreographed to: 'Jailhouse Rock' by The Blues Brothers (185 bpm) from CD The Definitive Blues Brothers Collection (32 count intro)

Music Suggestion: 'Jailhouse Rock' by Elvis Presley (167 bpm) (32 count intro)