

# Heel, Toe, Rodeo

**COPPER** **NOB**  
BY STEPHEN

Count: 32

Wall: 4

Level: Improver

Choreographer: Gary O'Reilly (IRE) - November 2024

Music: Cowboy Up - Kaylee Bell : (iTunes, Amazon & Spotify)



## #8 count intro

### Section 1: STOMP, HEEL & TOE & HEEL & FWD ROCK, TRIPLE FULL TURN

- 1 Stomp forward on R (1)
- 2 & 3 Tap L heel forward (2), step L next to R (&), touch R next to L (3)
- & 4 & Step R next to L (&), tap L heel forward (4), step L next to R (&)
- 5 6 Rock forward on R (5), recover on L (6)
- 7 & 8  $\frac{1}{2}$  R stepping forward on R (7), step L next to R (&),  $\frac{1}{2}$  R stepping forward on R (8) (12:00)

### Section 2: FWD ROCK, $\frac{1}{2}$ , $\frac{1}{2}$ , COASTER STEP, KICK BALL STEP

- 1 2 Rock forward on L (1), recover on R (2)
- 3 4  $\frac{1}{2}$  L stepping forward on L (3),  $\frac{1}{2}$  L stepping back on R (4) (12:00)
- 5 & 6 Step back on L (5), step R next to L (&), step forward on L (6)
- 7 & 8 Kick R forward (7), step R next to L (&), step forward on L (8)

### Section 3: POINT & POINT & POINT HITCH POINT, R SAILOR, L SAILOR $\frac{1}{4}$

- 1&2& Point R to R side (1), step R next to L (&), point L to L side (2), step L next to R (&)
- 3 & 4 Point R to R side (3), hitch R knee in towards L (&), point R to R side (4)
- 5 & 6 Cross R behind L (5), step L to L side (&), step R to R side (6)
- 7 & 8 Cross L behind R (7), step R next to L (&),  $\frac{1}{4}$  L stepping forward on L (8) (9:00) \*Restart Wall 4

### Section 4: WALK, $\frac{1}{2}$ , COASTER STEP, WALK, $\frac{1}{2}$ , COASTER STEP

- 1 2 Walk forward on R (1),  $\frac{1}{2}$  R stepping back on L (2) (3:00)
- 3 & 4 Step back on R (3), step L next to R (&), step forward on R (4)
- 5 6 Walk forward on L (5),  $\frac{1}{2}$  L stepping back on R (6) (9:00)
- 7 & 8 Step back on L (7), step R next to L (&), step forward on L (8)

\*RESTART: After 24 counts of Wall 4 facing (12:00), restart dance from the beginning.

ENDING: Dance 8 counts of Wall 10, finish the dance facing (12:00) by adding a  $\frac{1}{4}$  turn R stepping L to L side to finish (12:00).

#### Contact:

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