

## You Are

48 Count, 4 Wall, Intermediate (Waltz)  
Choreographer: Dee Musk (UK) Feb 2016  
Choreographed to: You Are by Charlie Wilson (single)

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### 36 Count Intro - (Approx 16 secs).

**Section 1 Rock Recover Back, ½ Turn Left, Step ½ Pivot Left.**

123 Rock forward on R, recover weight to L, step back on R.  
456 Make a ½ turn L stepping forward on L, step forward on R, make a ½ turn L. 12 o'clock

**Section 2 Travelling Twinkles Right and Left.**

123 Slightly travelling forward cross R over L, step L to L diagonal, step R to R diagonal.  
456 Repeat on the L. 12 o'clock

**\*Restart during Wall 4 – Begin again facing 9 o'clock wall.**

**\*\*Add Tag/Restart during Wall 9 – Begin again facing 9 o'clock wall.**

**Section 3 Cross Rock Hitch, Twinkle Back.**

123 Cross rock R over L, recover weight to L, hitch R knee around to behind L.  
456 Cross step R behind L, step L back to L diagonal, step R back to R diagonal. 12 o'clock

**Section 4 Behind Sweep, Behind ¼ Turn Left Step.**

123 Cross step L behind R, sweep R from in front to behind L over counts 2,3.  
456 Cross step R behind L, make a ¼ turn L stepping forward on L, step forward on R. 9 o'clock

**Section 5 Rock Recover ¼ Turn Left, Weave Left.**

123 Rock forward on L, recover weight to R, make a ¼ turn L stepping L to L side.  
456 Cross R over L, step L to L side, cross step R behind L. 6 o'clock

**Section 6 Side Drag, 1 ¼ Spiral Turn Right.**

123 Step L to L side, drag R to beside L over counts 2,3.  
456 Make a ¼ turn R stepping forward on R, step down on L and unwind a full spiral turn R hooking R in front of L. 9 o'clock

**Section 7 Step Sweep, Travelling Left Twinkle.**

123 Step forward on R, sweep L from behind to in front of R over counts 2,3.  
456 Slightly travelling forward cross L over R, step R to R diagonal, step L to L diagonal. 9 o'clock

**Section 8 Twinkle ½ Turn Right, Travelling Left Twinkle.**

123 Cross R over L, make a ¼ turn R stepping back on L, make a ¼ turn R stepping R to R side.  
456 Slightly travelling forward cross L over R, step R to R diagonal, step L to L diagonal. 3 o'clock

**\*Restart During wall 4 - Dance up to and including Count 6 of Section 2 – Then Restart facing 9 o'clock wall.**

**\*\*Restart During wall 9 - Dance up to and including Count 6 of Section 2 – Add the Tag – Then Restart facing 9 o'clock wall.**

**Tag: Cross Sweep, Cross Sweep.**

123 Cross R over L, sweep L from behind to in front of R on counts 2,3.  
456 Cross L over R, sweep R from behind to in front of L on counts 5,6.

**No Ending – just bring it home - lose yourself and enjoy**

