

Stomp & Kick

4 Wall Line Dance - 40 Counts - Intermediate Level with 8 Count Tag.

Choreographed by Kate Sala (UK).

Choreographed to: "Don't Lose Any Sleep Over You" by Amy Diamond. 95 bpm.

Start after 16 Count Intro.

Available as an MP3 download at www.amazon.co.uk

Jazz Box With Toe Struts, Jump, Chasse Right, Sailor Step With 1/4 Turn Left.

- 1 & 2 & Cross R Toe over L. Drop R heel to floor. Step back on L Toe. Drop L heel to floor.
3 & 4 Step R Toe to R side. Drop R heel to floor. Jump in place bringing in L next to R.
5 & 6 Step R to R side. Step L next to R. Step R to R side.
7 & 8 Cross step L behind R. Turn 1/4 L stepping R to R side. Step L slightly forward. (9 o'clock)

Stomp, Stomp, Kick, Out, Out, Ball Step, Rock Forward, Shuffle 1/2 Turn Right.

- 1 & 2 Stomp R down in place. Stomp L down in place. Kick forward with Right.
& 3 Step on R out to R side. Step on L out to L side.
& 4 Step down on ball of R into centre. Step forward on L.
5 6 Rock forward on R. Recover onto L.
7 & 8 Turn 1/4 R stepping R out to R side. Step L next to R. Turn 1/4 R stepping forward on R. (3 o'clock)

Side Strut L, Cross Rock Back, Kick Forward, Rock Back, Charleston Step, Rock Back.

- 1 & 2 & Step L Toe to L side. Drop L heel to floor. Cross rock back on R behind L. Recover on L.
3 & 4 & Kick R foot forward. Step R down in place. Rock back on L. Recover onto R.
5 6 Step forward on L. Swing R foot round from back to front touching R toe forward.
7 Swing R foot round from front to back stepping back on R.
8 & Rock back on L. Recover onto R. (3 o'clock)

Walk Forward x 2, Mambo Forward, Turn 1/2 Right x 2, Touch Right Next to Left, Bump Hip.

- 1 2 Walk forward on L, R.
3 & 4 Rock forward on L. Recover onto R. Step back on L.
5 6 Make 1/2 turn R stepping forward on R. Make 1/2 turn R stepping back on L.
7 & 8 Touch R toe next to L instep. Bump R hip to R side. Recover onto L. (3 o'clock)

Right Side Rock & Cross, Left Side Rock & Cross, Step Pivot 1/2 Turn L. Kick, Turn 1/2 L, Kick.

- 1 & 2 Rock out on R to R side. Recover onto L. Cross step R over L & stepping slightly forward.
3 & 4 Rock out on L to L side. Recover onto R. Cross step L over R & stepping slightly forward.
5 6 Step forward on R. Pivot 1/2 Turn L.
7 8 Kick R foot forward. Pivot 1/2 turn on ball of L kicking R foot forward. (3 o'clock)

Start Again.

Tag: 8 Count Tag is danced everytime you face the back & front wall.

End of wall 2 facing 6 o'clock. End of wall 4 facing 12 o'clock. End of wall 6 facing 6 o'clock.

Cross Rock, Chasse Right With 1/4 Turn Right, Step Pivot 3/4 Turn R, Chasse Left.

- 1 2 Cross rock on R over L. Recover onto L.
3 & 4 Step R to R side. Step L in next to R. Make 1/4 turn R stepping forward on R.
5 6 Step forward on L. Pivot 3/4 turn R.
7 & 8 Step L to L side. Step R in next to L. Step L to L side.

Ending: You will finish the dance with Rock step shuffle 1/2 turn to face 9 o'clock on count 8 section 2. Then turn 1/4 R stepping L to L side for the last beat of the song to face 12 o'clock.