

# Sock It To Ya

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Intermediate - 32 Counts - 2 Walls - 1 Tag

Music: Sock It To Ya by Redfoo (2:36) - Dance begins after 16 counts.

## [1-8] Touch, Flick, Run x2, Toe, Step, Heel, Ball, Cross, 1/4, 1/4 Spin, Ball, Cross, Hitch, Slide (6:00)

1&2& Touch R fwd, Flick R to right as you touch R-hand to R-heel, Step R fwd, Step L fwd

3&4& Touch R next to L, Step R back, Touch L-heel fwd, Step L next to R

5&-6 Cross R over L, Turn 1/4 right as you step L back to begin count 6 (3:00), Spin 1/4 right on L (6:00)

&7&8 Step R to right, Cross L over R, Hitch R, Step R to right as you slide L toward R

## [9-16] Hitch, Step, Flick, Step, 1/4 Flick, Step, Ball, Touch, Step, 1/4, Touch, Body Roll (6:00)

1&-2 Hitch L as you slap knee with both hands, Step L in front of R, Hold

&3 Flick R behind L as you touch L-hand to R-foot, Replace R behind L

&4 Turn 1/4 to left as you hook L over R and touch R-hand to L-foot (3:00), Step L fwd

&5&-6 Step R next to L, Touch L slightly fwd, Step L fwd, Hold

***Optional styling for counts 5&6: Step L fwd, Skip L fwd (small hop), Hold for 6***

&7,8 Turn 1/4 right as you step R next to L (6:00), Touch L to left side, Body roll to left beginning from top of body with weight finishing on L

## [17-24] Cross, 1/4, Side-Cross x3, Sweep, 1/4 x2, Back, Hitch, Slide (3:00)

1,2& Cross R over L, Turn 1/4 right as you step L back (9:00), Step R to right

3&4& Cross L over R, Step R to right, Cross L over R, Step R to right

5,6 Cross L over R as you sweep R from forward, Turn 1/4 right as you cross R over L (12:00),

&7&8 Turn 1/4 R as you step L back (3:00), Step R back, Hitch L, Step L back as you slide R toward L

## [25-32] Back, 1/8 Heel Pop x2, Side, Touch, Ball, Cross, Side, Cross, Unwind, Slide (6:00)

1,2& Step R back with weight evenly on both feet, Pop both heels up as you turn 1/8 right with the heels coming down on count 2 (4:30), Pop both heels up as you turn 1/8 right with the heels coming down on count & (6:00)

3, 4 Step R to right (optional: Shimmy shoulders), Touch L next to R

&5, 6 Step L to left, Cross R over L, Step L to left

&7, 8 Cross R behind L keeping weight on L, Full unwind with weight finishing on R, Step L to left as you slide R toward L

**TAG:** Begin at the end of the third repetition facing 6:00. You'll begin the dance again facing 6:00

## [1-8] Step Right w/Hip Rolls, Ball, Cross w/?????, Unwind (12:00)

1-4 Step R to right and roll hips in a circular motion as you slowly shift weight from left to right. Finish with weight on R for count 4.

&5-7 Step L next to R, Cross R over L as you move your neck in a circular motion for counts 5-7  
***If neck motion is uncomfortable, feel free to replace with your own styling. Chest, shoulders, etc.***

8 Unwind 1/2 left with weight finishing on L (12:00)

## [9-16] Repeat Counts 1-8 (6:00)