

# Rama Lama Ding Dong

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Type : 32 counts + tag, 4 Wall, novelty  
 Level : Newcomer  
 Music : "Rama Lama Ding Dong" by Rocky Sharpe & The Replays (BPM 127)

## CROSS, SIDE, SAILOR STEP, KICK BALL STEP

1	LF	cross in front of RF
2	RF	step to the right side
3	LF	cross behind RF
&	RF	step to the right side
4	LF	step to the left side
5	RF	kick diagonal left
&	RF	close on ball of RF
6	LF	step to left side
7	RF	kick diagonal left
&	RF	close on ball of RF
8	LF	step to left side

## CROSS, SIDE, SAILOR STEP, KICK BALL STEP

1	RF	cross in front of LF
2	LF	step to the left side
3	RF	cross behind LF
&	LF	step to left side
4	RF	step to right side
5	LF	kick diagonal right
&	LF	close on ball of LF
6	RF	step to right side
7	LF	kick diagonal right
&	LF	close on ball of LF
8	RF	step to right side

## CROSS SHUFFLE, ¼ TURN RIGHT & SHUFFLE FORWARD, ¼ RIGHT & CHASSÉ LEFT, ¼ SAILOR TURN RIGHT

1	LF	cross in front of RF
&	RF	step to right side
2	LF	cross in front of RF, ¼ turn right,
3	RF	step forward
&	LF	step Together
4	RF	step forward
5	¼ Turn	right on ball of right,
	LF	step to left side
&	RF	step together
6	LF	step to left side
7	RF	cross behind LF, ¼ turn right,
&	LF	step back
8	RF	step forward

## BALL, BALL, HEEL, HEEL, STEP DOWN & BEND KNEES, TOE SPLIT, STEP DOWN & BEND KNEES, HITCH

1	LF	step on ball next to RF, turn left knee in
2	RF	step on ball in place, turn right knee in (weight is on both balls, knees pointed inward, heels are up)
3	LF	step on heel in place, turn knee out
4	RF	step on heel in place, turn knee out (weight is on both heels, knees pointed outward, toes are up)
5		turn toes to the front and step down, bend both knees
6		put weight on both heels, straight legs, turn toes out
7		turn toes to the front and step down, bend both knees
8	LF	hitch, straight right leg

### Attention!

After the second wall is a really short break in the music. Hold the Hitch a bit longer and start again with the vocals.

### Tag

At the end of the 5th wall dance till count 31 and hold count 32. then dance the following steps:

1 (Rama)	turn left knee - inside to outside
2 (Lama)	turn right knee - inside to outside
&	bring both knees out
3 (Ding)	bring both knees in
&	bring both knees out
4 (Ding)	bring both knees in
5 (Rama)	turn left knee inside to outside
6 (Lama)	turn right knee inside to outside
&	bring both knees out
7 (Ding)	bring both knees in
& (Ding)	bring both knees in
8 (Ding)	bring both knees in

1	LF	touch next to RF
2	LF	touch heel left diagonally
3	LF	touch heel left diagonally