

Promise Me

64 Count, 2 Wall, Intermediate

Choreographer: Maggie Gallagher (UK) Mar 2017

Choreographed to: Remember Me by Jennifer Hudson

- Intro: 16 counts (8 secs)**
- Section 1: Walk, ¼ Touch, ¼, ¼ Sweep, Cross, Back, Back, Reverse Anchor Step**
1-2 Walk forward on right, ¼ right touching left next to right [3:00]
3-4 ¼ left stepping forward on left, ¼ left ronde sweep right from back to front [9:00]
5-6-7 Cross right over left, Step back on left, Step back on right
8&1 Cross left over right, Step weight onto right, Step slightly forward on left
- Section 2: Walk, Walk, Anchor Step, Point, ½, ¼ Bump**
2-3 Walk forward on right, Walk forward on left
4&5 Lock right behind left, Step weight onto left, Step slightly back on right
6-7 Point left behind right, Unwind ½ left (weight ends on left) [3:00]
8 ¼ left stepping right to right side bumping hips to right and popping left knee in [12:00]
- Section 3: Side, Together, L Chasse, Cross Rock, R Chasse**
1-2 Step left to left side, Step right next to left
3&4 Step left to left side, Step right next to left, Step left to left side
5-6 Cross rock right over left, Recover on left
7&8 Step right to right side, Step left next to right, Step right to right side
- Section 4: Behind Rock, ¼, Touch, R Dorothy, L Dorothy**
1-2 Cross rock left behind right, Recover on right
3-4 ¼ right stepping back on left, Touch right next to left [3:00] **Tag and Restart Wall 5
5-6& Step right forward on right diagonal, Lock left behind right, Step right forward
7-8& Step left forward on left diagonal, Lock right behind left, Step left forward
- Section 5: Side Rock & Side Rock & Back, Back, Coaster**
1-2& Rock right to right side, Recover on left, Step right next to left
3-4& Rock left to left side, Recover on right, Step left next to right
5-6 Walk back on right, Walk back on left
7&8 Step back on right, Step left next to right, Step forward on right
- Section 6: ¼ Bump LRL, ½ Bump Rlr, ¼, ¼, L Sailor**
1&2 ¼ right stepping left to left side bumping hips to left, Bump hips right, Bump hips left [6:00]
3&4 ½ left stepping right to right side bumping hips to right, Bump hips left, Bump hips right [12:00]
5-6 ¼ left stepping forward on left, ¼ left stepping right to right side [6:00]
7&8 Cross left behind right, Step right to right side, Step left to left side
- Section 7: Walk, Walk, Fwd Mambo, Back, Bump Back, Bump LRL**
1-2 Walk forward on right, Walk forward on left
3&4 Rock forward on right, Recover on left, Step right next to left
5-6 Walk back on left, Step back on right bumping hips back
7&8 Bump hips forward, Bump hips back, Bump hips forward *Restart Wall 4
- Section 8: Cross, Sweep, Front, Side, Behind, Sweep, Behind, Side**
1-2 Cross right over left, Ronde sweep left from back to front
3-4 Cross left over right, Step right to right side
5-6 Cross left behind right, Ronde sweep right from front to back
7-8 Cross right behind left, Step left to left side
- Tag 1: End of Wall 2 facing [12:00]
Repeat the last 8 counts of the dance**
- Tag 2: End of Wall 3 facing [6:00]
1-2 Rock forward on right pushing hips forward, Recover on left
3-4 Rock back on right pushing hips back, Recover on left
*Restart: Wall 4 after 56 counts (end of S7) facing [12:00]**

****Tag &**

Restart:

Wall 5 after 28 counts facing [3:00]

1-2 Cross right over left, HOLD (starting to walk a $\frac{3}{4}$ left turn)

3-4 $\frac{1}{4}$ left walking forward on left, HOLD [12:00]

5-6 $\frac{1}{4}$ left slightly crossing right over left, HOLD [9:00]

7-8 $\frac{1}{4}$ left walking forward on left, HOLD [6:00]

9-16 Dance the last 8 counts of the dance (S8), and restart the dance from the beginning

Ending:

Wall 7 after 22 counts, take a big step to right dragging left to meet right facing [12:00]

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