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Pop That Lock

64 Count, 4 Wall, Intermediate

Choreographer: Karl-Harry Winson (UK) Feb 2016

Choreographed to: Pop That Lock by Adam Lambert.

Album: Trespassing

Intro: 15 Counts (Start on The word "LEFT")

- S1:** **Side Rock. 1/2 Turn Right. Left Side Rock. Cross. Side. Left Sailor 1/4 Turn.**
1 – 2 Rock Right foot out to Right side. Recover weight on Left.
&3-4 Turning 1/2 turn Right, step Right in place beside Left. Rock Left out to Left side. Recover weight on Right.
5 – 6 Cross step Left over Right. Step Right to Right side.
7&8 Cross Left behind Right turning 1/4 Left. Step Right beside Left. Step Left out to Left side. (3.00)
- S2:** **Right Samba Step. Left (Diagonal) Shuffle. Camel Walks X4.**
1&2 Cross Right over Left. Rock Left out to Left side. Recover weight on to Right.
3&4 Step Left forward to Right diagonal. Close Right beside Left. Step Left forward to Right diagonal.
5 Push Right foot up beside Left and pop Left knee forward as you do this.
6 Push Left foot forward and pop Right knee forward as you do this.
7 – 8 Repeat Counts 5 – 6 (still on the Right diagonal). (4.30)
- S3:** **Forward Rock. Ball-Back. 1/2 Turn Right. 1/8 Turn Right. Behind-Side-Cross. Side Step.**
1 – 2 Rock Right forward. Recover weight back on Left.
&3-4 Step Right beside Left. Step back on Left foot. Turn 1/2 Right stepping Right foot forward (10.30).
5 Turn 1/8 turn Right stepping Left out to Left side (12.00).
6&7 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.
8 Step Left out to Left side.
- S4:** **Touch Behind (Look). Side Step. Behind-Side-Cross. Brush-Lift. Press. Knee Turn; In, Out.**
1 Touch Right toe behind Left, as you do this look to the Left and flick Right hand across body and out to Left.
(Imagine you have a set of Dice in your Right hand and you throw the dice across your body out the Left).
2 Step Right to Right side.
3&4 Cross Left behind Right. Step Right to Right side. Cross step Left over Right.
5&6 Brush Right beside Left. Lift/Hitch Right knee slightly. Press Right foot out to Right side.
7 – 8 Turn Right knee in towards Left. Turn Right knee out making sure weight ends up on Left.
- S5:** **Behind-Side. Step Lock-Step. Forward Rock. 1/2 Turn Left X2.**
1 – 2 Cross Right behind Left. Step Left to Left side.
3&4 Step forward on Right. Lock Left foot behind Right. Step forward on Right.
5 – 6 Rock forward on Left. Recover weight back on Right.
7 – 8 Turn 1/2 Turn Left stepping Left forward (6.00). Turn 1/2 Turn Left stepping back on Right (12.00).
- S6:** **1/2 Turn Left. Kick Out-Out. Heel Lift. Right Jazz Box-Cross.**
1 Turn 1/2 turn Left stepping Left forward (6.00).
2&3 Kick Right foot forward. Step out on Right. Step out on Left.
&4 Lift both heels up pushing both knees slightly forward as you do this. Drop both heels to the floor.
5 – 8 Cross Right over Left. Step back on Left. Step Right to Right side. Cross step Left over Right.
***Restart Here on Wall 2, Restart Dance again facing 9 o'clock Wall**
- S7:** **Diagonal Step. Knee Pop/Push. Forward Shuffle. Forward Rock. Double Heel Pivot 1/2 Turn Left.**
1 – 2 Step Right to Right diagonal (7.30). Push Left up behind Right and lift/hitch Right knee up slightly.
3&4 Step Right forward (still on diagonal). Close Left beside Right. Step forward on Right.
5 – 6 Rock forward on Left (still on diagonal). Recover weight back on to Right.
7 – 8 Step Left foot slightly back. Turn a 1/2 turn Left pivoting on both of your heels (2.30).
- S8:** **Right Kick Ball-Dip. Left Kick Ball-Dip. Right Jazz box 1/8 Turn Right.**
1&2 Kick Right foot forward. Step Right beside Left and touch Left toe in place (dip both knees as you do this).
3&4 Kick Left foot forward. Step Left beside Right and touch Right toe in place (dip both knees as you do this).
5 – 6 Cross Right over Left. Turn 1/8 turn Right stepping Left back. (3.00).
7 – 8 Step Right to Right side. Cross Left over Right.
- ***Tag: The Following 16 Count Tag Happens at the end of Wall 5 Facing 6 o'clock wall.**
- TS1:** **Side-Drag. Back Rock. Rolling Vine Left. Sweep.**
1 – 2 Step big step out to Right side. Drag Left foot up towards Right.
3 – 4 Rock Left foot back behind Right. Recover weight forward on Right.
5 – 6 Turn 1/4 Left stepping Left forward. Turn 1/2 Left stepping back on Right.
7 – 8 Turn 1/4 Left stepping Left out to Left side. Sweep Right in front of Left.
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TS2:

1 – 4

5 – 6

&7

&8

Right Jazz Box. Forward Rock. Syncopated Jump Back. Heel Lift.

Cross step Right over Left. Step back on Left. Step Right to Right side. Step Left foot forward.

Rock forward on Right. Recover weight back on Left.

Small syncopated jump back stepping out: Right, Left (feet shoulder width apart as you do this).

Lift both heels up off the floor and push both knees forward as you do this. Drop both heels to the floor.

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