

Lady Waltz

Choreographed by Annette Lundsholm

Denmark

Description: 48 count, 4 wall slow waltz beginner/intermediate line dance

Music: Lady lay down by Ballroom Orchestra & Singers (time 3:24)

Tag: 2 tag after wall 1. And 4.

Restart: on wall 3. After count 6

Intro: 12 counts

Counts	Footwork
1. section	FORWARD TRAVELING TWINKLE STEPS
1-3	Step LF right diagonally forward over RF, step RF to side, step LF together
4-6	Step RF left diagonally forward over LF, step LF to side, step RF together
2. section	STEP,LIFT,HOLD,STEP BACK TOUCH,HOLD
1-3	Step LF forward, lift right slightly bent leg forward to right diagonal, hold
4-6	Step RF back, touch LF to left side, hold
3. section	TURN 1/4 LEFT WALTZ STEP,BASIC WALTZ BACK
1-3	Cross LF over RF, step on RF turning 1/4 left, step LF back
4-6	Step RF back, step LF together, step RF together
4. section	TURNING WALTZ STEP ½ LEFT,BASIC WALTZ BACK
1-3	Step on LF starting a turn left, step on RF turning ½ left, Step LF back
4-6	Step RF back, step LF together, step RF together
5. section	TURNING WALTZ STEP ½ LEFT,BASIC WALTZ BACK
1-3	Step on LF starting a turn left, step on RF turning ½ left, Step LF back
4-6	Step RF back, step LF together, step RF together
6. section	STEP,LIFT,HOLD,STEP BACK TOUCH,HOLD
1-3	Step LF forward, lift right slightly bent leg forward to right diagonal, hold
4-6	Step RF back, touch LF to left side, hold
7. section	WEAVE RIGHT,STEP,DRAG
1-3	Cross LF over RF, step RF to right side, cross LF behind RF
4-6	Take a large step right with RF, drag and touch LF together
8. section	LEFT FULL ROLLING TURN,RIGHT TWINKLE
1-3	Step LF to side a 1/4 turn left, turn ½ left and step RF back, step LF back a 1/4 turn left
4-6	Cross RF over LF, step LF to side, step RF to side
TAG	after wall 1 and wall 4
1-3	cross rock LF over RF, recover RF, point LF to left side
ENDING	on wall 11 after 21 counts facing 12:00 step, lift, hold

ENJOY