

Inside Your Heaven

Choreographed by Rachael McEnaney (April 2006)
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Description: 32 Counts, 4 Walls, Intermediate, Nightclub 2 Step
Music: "Inside Your Heaven" – Carrie Underwood (American Idol winner) Album: Some Hearts (68 bpm)
Count In: 16 counts from start of track at approx 14secs.
Alternate Music:
Notes:

Section	Footwork	Facing
Counts 1 - 8	Left side, Back rock, 1/4 turn right, Left side cross 1/4 turn stepping back, Side, Cross, Side rock cross,	
1, 2 &	Step left to left side (1), Rock back on right (slightly behind left) (2), Recover weight onto left stepping slightly in front of right (&)	12.00
3, 4 &	Make 1/4 turn right stepping forward on right (3), step left to left side (4), cross right over left (&)	3.00
5, 6 &	Make 1/4 turn right stepping back on left (5), step right to right side (6), cross left over right (&)	6.00
7 & 8 &	Rock right to right side (7), recover weight onto left (&), cross right over left (8) step left to left side (&)	6.00
Counts 9 - 16	Cross right behind with sweep, Left behind, Side, Cross with sweep, Cross shuffle into Right cross rock, Left cross rock with 1/4 turn	
1 &	Cross right behind left (1), sweep left foot around anti clockwise (no weight) (&)	6.00
2 &	Cross left behind right (2), step right to right side (&)	6.00
3 &	Cross left in front of right (3), sweep right foot around anti clockwise (no weight) (&)	6.00
4 &	Cross right in front of left (4) (angle body to left diagonal), step left next to right (&)	6.00
5 - 6	Cross rock right over left (5) (body still angled to left diagonal), recover weight back onto left (6)	6.00
& 7	Step right next to left (&) Cross rock left over right (7) (Body angled to right diagonal),	6.00
8 &	Recover weight onto right (8), Make 1/4 turn left on ball of right stepping forward on left (&)	3.00
Counts 17 - 24	Right side, Left back rock, turn 1/4, 1/2, Walk, Walk, Rock forward, Step back, Right coaster into forward shuffle	
1, 2 &	Step right to right side (1), Rock back on left (slightly behind right) (2), Recover weight onto right stepping slightly in front of left (&)	3.00
3 &	Make 1/4 turn right stepping back on left (3), make 1/2 turn right stepping forward on right (&)	6, 12
4 &	Step forward on left, step forward on right,	12.00
5 - 6	Rock forward on left (5), recover weight back onto right (6)	12.00
& 7 & 8 &	Step back on left (&), step back on right (7), step left next to right (&) step forward on right (8) step left next to right (&)	12.00
Counts 25 - 32	Step forward, 1/4 turn right sweeping left, Left cross shuffle with sweep, Right cross shuffle, Left side rock cross, 1/2 turn left.	
1 &	Step forward on right (1), make 1/4 turn right on ball of right sweeping left in ronde (&)	3.00
2 &	Cross left over right (2), step right next to left (&)	3.00
3 &	Cross left over right (3), sweep right foot around in front of left (no weight) (&)	3.00
4 & 5	Cross right over left (4), step left next to right (&), Cross right over left (5)	3.00
6 &	Rock left to left side (6), recover weight onto right (&),	3.00
7 &	Cross left in front of right (7), make 1/4 turn left stepping back on right (&)	12.00
8 &	Make 1/4 turn left stepping left to left side (8), cross right over left (&)	9.00

START AGAIN, HAVE FUN! ☺