

Hypnotized

Counts: 64

Wall: 2

Level: Intermediate

Choreographer: Shaz Walton - March 2010

Music: 'Hypnotized' By Tania Christopher

Count in – 32 counts- on vocals – optional styling in Italics

Side. Touch. Ball. Walk. Walk. Heel. Touch. Heel-touch-heel.

1-2& Step left to left. Touch right beside left. Step right beside left.

3-4 Walk forward left. Walk forward right.

5-6 Touch left heel forward. Touch left beside right.

7&8 Touch left heel forward. Touch left beside right. Step left forward. (Counts 5-8.....pop your shoulders)

Rock. Recover. Shuffle ½. Chasse left. Sailor ¼

1-2 Rock forward on right. Recover on left.

3&4 Shuffle ½ turn right.

5&6 Chasse left.

7&8 Cross step right behind left. Make ¼ right stepping left to side. Step right forward.

Rock. Recover. Ball. Touch behind. ¼. Step. Switch. Step. Switch. Step. Heel. Step. Touch.

1-2 Rock forward left. Recover on right.

&3-4 Step left beside right. Touch right behind. Make ¼ right keeping weight on left.

&5&6 Step right beside left. Touch left to left side. Step left beside right. Touch right to right side.

&7 Step right beside left. Touch left heel forward.

&8 Step left beside right. Touch right toes behind left.

Ball. Step. Hold. Ball. Step. Touch. Walk back x2. Coaster step.

&1-2 Step right beside left. Step left forward. Hold.

&3-4 Step right beside left. Step left forward. Touch right beside left.

5-6 Walk back right. Walk back left.

7&8 Step back right. Step back left. Step forward right.

Touch. ¼ turn. Rock. Recover. Kick. Ball. Touch. Kick. Ball. Point.

1-2 Touch left to left side. Make ¼ right keeping weight back on left. (Body roll)

3-4 Rock back on right. Recover on left.

5&6 Kick right forward. Step right beside left. Touch left beside right.

7&8 Kick left forward. Step left beside right. Touch right to right side.

Sailor step. Sailor ¼. Sailor step. Sailor ½.

1&2 Cross step right behind left. Step left to left side. Step right to right side.

3&4 Cross step left behind right. ¼ left stepping right to right side. Step left to left side.

5&6 Cross step right behind left. Step left to left side. Step right to right side.

7&8 ¼ left stepping left behind right. ¼ left stepping right to side. Step left forward. (sailor ½)

Rocks forward-back-forward. Shuffle ½. Coaster step. Shuffle ½

1-2-3 With body angled to left diagonal, step forward right and rock, forward-back-forward.(weight ends right)

4&5 Shuffle ½ turn right stepping left-right-left.

6&7 Step back right. Step back left. Step forward right.

8&1 Shuffle ½ turn right stepping left-right-left.

Hitch. ½. Rock. Recover. Step back. Touch. ½ right.

2-3 Hitch right. Make ½ turn right stepping right forward.

4-5 Rock forward on left. Recover on right.

6-7 Step back left. Touch right behind.

8 Make ½ turn right dropping weight onto right foot.

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