

BFF

Choreographers: Roy Hadisubroto & Fiona Murray

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Type of dance: Advanced 2 wall AB dance. A: 32 counts 2 wall funky. B: 32 counts cha cha. Tag: 16 counts
 Music: **Fake Friends** by PS1 feat. Alex Hosking. Track length: 2:53. Buy on iTunes, etc.
 Intro: 32 count intro (app. 17 secs into track). Start with weight on L foot
 Sequence: A, B, B, Tag, A, A, B, B, A, B, Ending
 Ending: Complete your last B which automatically finishes at 12:00. Step R fwd bringing both arms up, hands fisted, and slowly drop arms down as music fades out ... 😊

A Part/funky: 32 counts, 2 wall section

Counts	Footwork	End facing
1 – 8	Rock RLR with hip rolls, L back rock, kick out LR, hip bumps RL, big step R	
1 – 3	Rock R fwd (1), recover back on L (2), rock R fwd (3) ... <i>Styling: push hips fwd, back, fwd. Try to make a circular shape when pushing hips</i>	12:00
4&	Rock back on L (4), recover fwd on R (&)	12:00
5&6	Kick L fwd (5), step L out to L side (&), step R to R side (6) ... <i>weight in the middle!</i>	12:00
&7 – 8	Quickly bump hips R (&), quickly bump hips L (7), make a big step to the R side with R (8)	12:00
9 – 16	Drag L towards R, ball cross, Hold X2, hitch L, ¼ L fwd L	
1 – 3	Drag L next to R over 3 counts (1-3)	12:00
&4	Step L down and next to R (&), cross R over L (4) ... <i>Arm styling: pull R arm up slightly (&), put R hand in R front pocket or R hip looking over your R shoulder</i>	12:00
5&6	Hold (5), brush R shoulder with L hand (&), brush R shoulder with L hand (6)	12:00
7&8	Hitch L knee (7), turn ¼ L stepping L fwd (8) ... <i>Arm wave: with L hand in front of R shoulder push up R elbow and hit the palm of L hand with the top of R hand lowering R elbow (7), push L hand so it points upwards (&), push L hand down moving L arm to L side (8)</i>	9:00
17 – 24	Step ½ L, R step lock step, rock L fwd, L coaster cross	
1 – 2	Step R fwd (1), turn ½ L onto L (2) ... <i>'Stir the pot' arm styling: with arms fwd and L hand on top of R hand roll arms to the L and around (anti-clockwise) on counts 1-2 (then drop arms)</i>	3:00
3&4	Step R fwd (3), lock L behind R (&), step R fwd (4)	3:00
5 – 6	Rock L fwd (5), recover back on R (6) ... <i>Optional styling: push hips fwd and pull arms back on count 5, push hips back and push arms fwd on count 6. Hands fisted throughout this</i>	3:00
7&8	Step back on L (7), step R next to L (&), cross L over R (8)	3:00
25 – 32	Full box turn L, paddle ¾ turn L	
1 – 2	Step R to R side (1), turn ¼ L stepping L to L side (2) ... <i>Styling: glide through on count 2</i>	12:00
3 – 4	Turn 3/8 L stepping R to R side (3), turn 3/8 L stepping L to L side (4) ... <i>Styling: glide through on count 3-4</i>	3:00
5 – 6	Turn ¼ on L pointing R to R side (5), turn 1/8 L on L pointing R to R side (6)	10:30
7 – 8	Turn 1/8 L on L pointing R to R side (7), turn ¼ L on L pointing R to R side (8)	6:00

B Part/cha cha: 32 counts, 2 wall section (B always comes twice in a row)

1 – 9	Jump together, walk RL, & lock ball step, R step lock X 2, R step lock step	
1 – 3	Jump both feet together (1), walk R fwd (2), walk L fwd (3)	6:00
&4&5	Step fwd and UP on ball of R (&), lock L behind R (4), step R fwd (&), step L fwd (5)	6:00
6&7&	Step R fwd (6), lock L behind R (&), step R fwd (7), lock L behind R (&) ... <i>small steps</i>	6:00
8&1	Step R fwd (8), lock L behind R (&), step R fwd (1) ... <i>small steps</i>	6:00
10 – 16	Shuffle ½ L sweep, behind side cross, HOLD, & cross & cross with 1/8 R	
2&3	Step L fwd (2), turn ¼ L stepping R to R side (&), turn ¼ L stepping L back and sweeping R out to R side (3)	12:00
4&5 – 6	Cross R behind L (4), step L to L side (&), cross R over L (5), HOLD (6)	12:00
&7&8	Turn 1/8R stepping L to L side (&), cross R over L (7), step L to L side (&), cross R over L (8)	1:30

17 – 24	Diagonally fwd L, R back rock, repeat with R, syncopated side mambos LRL with ½ L	
1 – 2&	Step L fwd into L diagonal (1), rock back on R (2), recover fwd to L (&)	1:30
3 – 4&	Step R fwd into R diagonal (3), rock back on L (4), recover fwd to R (&)	1:30
5&a	Rock L to L side (5), recover onto R (&), turn ¼ L stepping L next to R (a)	10:30
6&a	Rock R to R side (6), recover onto L (&), step R next to L (a)	10:30
7&8	Rock L to L side (7), recover on R (&), turn ¼ L stepping L next to R (8)	7:30
<i>Note!</i>	<i>Alternative steps for counts 5-8: point L to L side (5), turn ¼ L stepping L next to R (&), point R to R side (6), step R next to L (&), point L to L side (7), turn ¼ L stepping L next to R (8)</i>	7:30
25 – 32	R kick & point back, quick L back rock, walk L fwd, 3/8 L with walk & cross w. hips	
1&2	Kick R fwd (1), step R next to L (&), point L backwards (2)	7:30
&3 – 4	Stepping back on L pop your R knee fwd looking (= flicking head) over L shoulder (&), recover on R looking fwd again (3), walk L fwd (4)	7:30
5 – 6	Turn ¼ L stepping R to R side starting to roll hips counter clockwise (5), cross L over R finishing hip roll (6)	4:30
7 – 8	Turn ¼ L stepping R to R side starting to roll hips counter clockwise (7), turn 1/8 L crossing L over R finishing hip roll (8)	12:00

Tag: 16 counts, only comes once, after your 2nd B, starts facing 6:00

1 – 8	VERY slow step ½ L	
1 – 8	Step R fwd (1), SLOWLY turn ½ L changing your weight to L (2 – 8)	12:00
9 – 16	Slow moon walks R&L	
1 – 4	Touch R toes into floor (1), press R heel into floor starting to slide L back (2), flick L back (3), bring L knee fwd (4)	12:00
5 – 8	Touch L toes into floor (5), press L heel into floor starting to slide R back (6), flick R back (7), bring R knee fwd (8)	12:00